



Theta Magic Intuitive Anatomy

“A New Life – A New You”



**A 12 day course taught over 2 weeks:
Sunday 19th April to Friday 24th April; and
Monday 27th April to Saturday 2nd May**

Your Instructors are Simon and Evette Rose

Introduction to the new Course Material

This is an amazing new course which introduces a lot of new material – very different to the Theta Healing material you have previously experienced.

This course will help you clear yourself and to be a happier, healthier and stronger person. It will also help you develop your intuition and (if you want) to become a gifted healing practitioner.

These are the main things the course delivers to you for your own personal development:

- Develop the courage and ability to “see” and clear your own “stuff” (beliefs and trauma);
- Clear any abuse (physical, emotional, sexual, financial, etc) in the gentlest way, ensuring that past trauma is not affecting your health, wealth, relationships and happiness;
- Set new boundaries in your personal and professional lives, and more importantly, enforce these boundaries. By starting this process during the course we can “workshop” the results so that the participants will leave the course confident in their healthy boundaries;
- Be able to connect with your own body. Get out of your head and feel your feelings. You will know where in your body you store your blocks.
- Set goals for ourselves, especially health, wealth and relationships. You will spend 2 weeks clearing all the blocks to achieving these goals.

In order to better help others (as well as yourself) you will:

- Develop intuition and confidence levels to become a confident healing practitioner;
 - Understand the metaphysics of the human body – for instance what emotions affect what organs and systems, and what different diseases represent;
 - Have confidence to work on and witness instant healings on a wide variety of conditions;
- And, most importantly,
- Master self healing, that is, to be one’s own healer first and foremost, to work on things quickly and easily as and when they pop up.

Technique overview

We have developed a new healing technique which is far simpler, gentler and more powerful than those we have studied or taught before. This is our own body of work which originated in a very “hands on” way, through the thousands of clients we have seen. It is influenced by the many different healing modalities we have studied. After finding the “missing piece” to the healing puzzle last year, we have spend an intense six months’ research to combine all our learnings and experience into a package that is easy for you to learn and practice. We call this new Theta Magic healing technique ***Healing That Really Works™*** (“HTRW”).

We’ve been asked by several students to comment on how this 2 week course differs from the old 3 week Intuitive Anatomy course. The most immediate difference is that Healing that Really Works is NOT a Theta Healing technique or course. We will cover all the important material that was covered in the old Intuitive Anatomy course such as the relationship between different emotions and different parts of the body. This is a substantially new and different course using different techniques and with a much more practical focus on making powerful life changes.

Those familiar with the old Theta Healing IA course will be aware that each day of the course followed a particular part of the body. Whilst this is an excellent way to teach anatomy and physiology to medical students, it is not the best way to guide the body/mind to health because you won’t necessarily store your blocks in exactly the textbook locations! For example, there can be three or more places you store particular trauma, meaning that the healing of abuse can take the full 3 weeks as abuse issues come up day after day as you work through the body system by system (abuse could be stored in the intestines, heart, lungs, skin, sexual organs etc – to name just 5 separate systems). This is why the old course was traumatic for many students – and for us as teachers!

Instead of this approach, we have been guided by the Creator to work the other way around: directly guiding ourselves through the emotional blocks and trauma in a natural order, and releasing them wherever they may appear in the body. In a sense we have turned Intuitive Anatomy “inside out” in order to make it really work for you! You will see from the day by day structure suggested to us by the Creator how naturally and easily these traumas can be cleared.

Day by Day Structure

Each day of the course will reconnect your mind, body and spirit through clearing specific areas of trauma. Specific physical systems and diseases are covered on each day, though these are not emphasised in this course outline because the focus of the course is to clear the emotional trauma first, and allow the body to heal in a natural and progressive way.

The following is a day by day overview of the 12 day HTRW program.

Day 1: Love

The most important energy in the universe is love. This and this alone is the energy of instant healings and manifesting. Unfortunately so many of us have trouble connecting with this infinite potential because of our trauma around love.

On Love Day we:

- Learn the new healing techniques – healing from the heart;
- Clear the old hurt in our heart;
- Identify and release the trauma that stops us opening our heart to give and receive unconditional love;
- Verify that each of us is able to give, receive and keep an unconditional love healing;
- Know and understand the difference between thoughts and feelings, and between being in the head space and the heart space; and
- Reconnect the brain mind with the heart mind (leading to feelings of inner peace).

Day 2: Letting Go of Grief, Pain and Hurt

Many people have been receiving healings their whole lives, but never get better because they don't know how to let go. Another way to put this is that their "stuff" is still serving them (secondary gain).

On this day we:

- Clear our secondary gain, to be able to let go of old stuff – physical, mental and emotional;
- Clear old grief, pain and hurt that we have been holding on to;
- Make changes in our lives – to let go of clutter and things from the past we hold on to.

Day 3: Clearing the Trauma of Sexual and Physical Abuse

Abuse is any violation of a person's rights and boundaries. Because boundaries are personal, we each have different perceptions of what constitutes abuse. Today covers all forms of abuse: physical, sexual, emotional, financial, spiritual, etc.

On this day we:

- Recognise abuse that we have suffered and also what we have caused others.
- Understand the factors that lead to us being abused (e.g. poor boundaries);
- Understand the factors that lead to us abusing others (this might be picking on siblings as a child, hurting parents, fighting with partner. It does not have to be physical). Through understanding comes acceptance and self-forgiveness. We have all hurt others from time to time, but we did this because of our own pain and trauma;
- Rediscover and embrace our own divine innocence;
- Deeply clear the trauma from all of the above; and
- Restore our sense of self-worth.

Day 4: Boundary Day (Clearing Parasites)

We defined abuse as a violation of our boundaries. But what are boundaries and how do we go about setting them? And how do we recognise other people's boundaries?

Today we work on the very practical issues of:

- Understanding and exploring the nature of boundaries and of parasites;
- Understanding the Law of Exchange – *recognising* what is a fair exchange and what isn't;
- Being connected to one's own feelings and to another's feelings to recognise the sense of invasion;
- Clearing trauma of the times our boundaries were crossed. Releasing parasite energy from your body; and
- Practising (in class) saying "no" without fear of hurting people's feelings and clearing the blocks to setting boundaries with our family, colleagues and clients.

By the end of the day you will have developed a new set of boundaries which will change the patterns of exchange you experience for the rest of your life.

Day 5: Structure, Support and Responsibilities

Lack of support is the underlying trauma that leads to many physical and emotional problems. Today we also look at the physical issues of skeletal system and cancer.

On this day we:

- Examine the "story of my life" in relation to support. For instance, do you have a story that your father/mother didn't support you? Is this serving you or giving you an excuse for not really trying?;
- Examine the responsibility issues in your life. Are you taking on responsibility for other people's problems (or the reverse)?;
- Examine our relationship with structure. Is your life structured? Do you depend on structure? What happens to you when structures break away?;
- Find how and where these issues have manifested in your body; and
- Make practical changes in our life, such as letting go of responsibilities that are not yours, communicating this choice to others and asking for support where you need it.

Day 6: (In)flexibility, Stubbornness and Rigidity

The tension we hold in our life from being rigid and inflexible manifests in our bodies, especially our muscles.

On this day we:

- See for ourselves where we are rigid and inflexible in our lives;
- Identify where and how this manifests in our bodies;
- Identify and clear the beliefs and traumas create this rigidity, enabling us to bring flexibility into our relationships, work and physical bodies; and
- Clear these rigidities, stubbornness, etc. using our healing work.

Day 7: Control Issues and Ego

We create a lot of the drama, pain and suffering in our lives and in our bodies due to our control issues. This is a big “ego” day.

On this day we:

- Understand the nature of ego and control. To master the ego by identifying and clearing ego issues;
- Overcome and release ego issues by truly “getting” the meaning of connectedness with others. We have developed new exercises to achieve this;
- Allow ourselves to be connected to the Divine Mind and to surrender to the Creator’s higher path and purpose for us; and
- Achieve a much higher level of inner peace and love (and release of conflict) through surrendering control and the ego-mind to Creator.

Day 8: The Day of Truth

What we believe to be True depends on our interaction with the outside world, especially what we see and hear. We have a filter that sits between us and the outside world. The clearer the filter, the clearer our connection to Truth.

On this day we:

- Understand the subjective nature of “reality” and “truth” as opposed to Creator’s “Truth”;
- Explore how our subjective perceptions of outside world create our experience. Seeing is believing but is what we see and believe really what is happening? Is it real?;
- Open ourselves up to Creator’s Truth; and
- Improve our eyesight and hearing through opening the blocks in our receptivity to truth.

Day 9: Communication Day

By this day we have cleared our trauma, our “stories” and our control issues. Now we can function like the Divine Beings we are. We are here on a mission but can we communicate that message? Can we express our Truth?

On this day we:

- Explore and understand where our communication blocks lie;
- Explore the impact that our communication dramas and traumas have on our bodies (especially nerves / blood / hormones);
- Recognise where and when we stop listening. When does the message stop coming through?;
- Clear the trauma of being misunderstood or unable to get our message across;
- Clear our communication fear, especially the fear of public speaking; and
- Develop new communication skills – speaking truthfully and fearlessly.

Day 10: Friendship and Battle (Trust Issues)

We are constantly on the lookout, constantly making judgments – who to trust and who not to. Who is really a friend? When to fight, when to retreat and when to ignore? These core issues dominate our subconscious body-mind.

On this day we:

- Establish our “reference points” for friendship and how do they compare to Creator’s. Have our friends really been friends?;
- Explore the people we call our friends – is there a difference between how we treat them and they treat us? Work on our boundaries around friendship;
- Establish when to trust and when not to;
- Balance our “fight or flight” mechanism, our judgment of when to battle and when to hide;
- Let go of battle with ourselves – i.e. release self-sabotage; and
- Understand and clear our lymphatic and immune systems.

Day 11: Insecurity, Anger, Injustice and Lack of Worthiness

Today we set the intention of clearing the final layers, particularly those affecting our interaction with the outside world.

On this day we:

- Examine our interaction with others. How do others make us feel?;
- Identify the key trauma points that make us vulnerable to insecurity, anger and injustice (and other strong negative emotions). Ultimately this relates to feelings of separation and aloneness. In clearing this trauma we can open our selves to a new sense of connectedness with the outside world.
- Release issues of insecurity, abandonment, anger, injustice, lack of worth; and
- Choose what we want to manifest in our lives

Day 12: The Future

Having cleared so many layers we can redefine our identity, to change the way we see ourselves and the way we are perceived by others. Today is the day in which we get to choose who we want to be for the next period of our lives.

On this day we:

- Align and integrate all our work and look to the future;
- Manifest our dreams (clearing any remaining blocks);
- Focus on physical healings and understanding the body as a whole.