

## **Reference Point Therapy Code of Conduct**

1. This Code of Conduct applies to the practice of Reference Point Therapy (**RPT**).
2. Registration as a Teacher or Practitioner of RPT is conditional upon acceptance of the terms of this Code of Conduct.
3. Reference Point Therapy should be given only in response to a request from the patient or his representative.
4. Prior to the RPT session, the Practitioner must establish a clear contract with clients regarding the number and duration of sessions and financial terms. If payment is at an hourly rate then the expected length and cost of each session must be communicated, as well as an explanation of what should occur if the session takes longer than expected.
5. The Practitioner must refrain from all forms of sexual behaviour or harassment with clients even when client initiates or invites such behaviour.
6. The Practitioner must refer clients to appropriate resources when they present issues beyond the Practitioner's scope of training.
7. The Practitioner should not normally ask for the removal of a patient's clothing; the exception to this rule applies:-
  - a) If the Practitioner is a qualified massage therapist and the client is clearly aware of the procedure.
  - b) To observe a skin condition, removal may be requested, but the clear agreement of the patient must be obtained; the presence of a witness is recommended.
8. Practitioners must not use manipulation or massage unless they possess an appropriate professional qualification.
9. Physical contact or touch is not necessary as part of RPT and should be minimised or avoided. This does not preclude a hug with the client's consent at the end of the session. The Practitioner must have discretion and respect different cultural and religious attitudes to physical contact.
10. Discretion should be used when carrying out private RPT sessions with clients who are mentally unstable, addicted to drugs or alcohol, or severely depressed or hallucinating. Such clients should be referred to an experienced medical practitioner.
11. A Practitioner must treat as strictly confidential all information of a personal nature which is confided by the patient.

12. RPT techniques are methods of self-healing and self-empowerment. The Practitioner must inform clients of the necessity to be self-motivated and accept personal responsibility for their own transformational process.
13. The Practitioner must commit to ongoing personal growth and spiritual development, caring for their bodies, mind, emotions and spirit.

### **Therapy and the Law**

14. It is essential that every Practitioner understands and observes the law as it relates to Holistic Healing Arts. Disregard of the law may result in serious legal difficulties for the Practitioner and could seriously damage the reputation of Reference Point Therapy.
15. The Practitioner must keep adequate records for all patients.
16. A Practitioner must explain to the client the RPT procedure before commencing the session.
17. Practitioners sometimes say and do certain things while giving treatment because they are "impressed" to do so. Reason and common-sense should always be applied to such impressions.

Practitioners should avoid drawing upon themselves any suggestions of negligence which might result in making claims for damages.